

**CIS SECONDARY SWIMMING PROGRAM****SESSION 1- Monday 1 May 2023**

<b>Event #</b>	<b>Event Name</b>	<b>Approx Time</b>
1	Girls 12 Year Olds 50 Freestyle Secondary	6:00 pm
2	Boys 12 Year Olds 50 Freestyle Secondary	6:03 pm
3	Girls 13 Year Olds 50 Freestyle Secondary	6:09 pm
4	Boys 13 Year Olds 50 Freestyle Secondary	6:12 pm
5	Girls 14 Year Olds 50 Freestyle Secondary	6:15 pm
6	Boys 14 Year Olds 50 Freestyle Secondary	6:18 pm
7	Girls 15 Year Olds 50 Freestyle Secondary	6:21 pm
8	Boys 15 Year Olds 50 Freestyle Secondary	6:24 pm
9	Girls 16 Year Olds 50 Freestyle Secondary	6:27 pm
10	Boys 16 Year Olds 50 Freestyle Secondary	6:30 pm
11	Girls 17-19 50 Freestyle Secondary	6:34 pm
12	Boys 17-19 50 Freestyle Secondary	6:39 pm
13	Girls 12-14 4x50 Medley Relay Secondary	6:45 pm
14	Boys 12-14 4x50 Medley Relay Secondary	7:08 pm
15	Girls 15-16 4x50 Medley Relay Secondary	7:16 pm
16	Boys 15-16 4x50 Medley Relay Secondary	7:24 pm
17	Girls 4x50 Medley Relay Secondary	7:32 pm
18	Boys 4x50 Medley Relay Secondary	7:40 pm
19	Girls 12-14 200 IM Secondary	7:45 pm
20	Boys 12-14 200 IM Secondary	7:53 pm
21	Girls 15-16 200 IM Secondary	8:04 pm
22	Boys 15-16 200 IM Secondary	8:12 pm
23	Girls 17 & Over 200 IM Secondary	8:20 pm
24	Boys 17 & Over 200 IM Secondary	8:28 pm
25	Girls 12-14 4x50 Freestyle Relay Secondary	8:36 pm
26	Boys 12-14 4x50 Freestyle Relay Secondary	8:43 pm
27	Girls 15-16 4x50 Freestyle Relay Secondary	8:50 pm
28	Boys 15-16 4x50 Freestyle Relay Secondary	8:57 pm
29	Girls 4x50 Freestyle Relay Secondary	9:04 pm
30	Boys 4x50 Freestyle Relay Secondary	9:08 pm
31	Girls 12-19 6x50 Freestyle Relay 12,13,14,15,16,17+	9:14 pm
32	Boys 12-19 6x50 Freestyle Relay 12,13,14,15,16,17+	9:20 pm

**SESSION TWO - Tuesday 2 May 2023**

<b>Event #</b>	<b>Event Name</b>	
33	Girls 15 & Under 50 Freestyle Multi-Class Secondary	09:00 AM
34	Girls 16 & Over 50 Freestyle Multi-Class Secondary	09:02 AM
35	Boys 15 & Under 50 Freestyle Multi-Class Secondary	09:03 AM
36	Boys 16 & Over 50 Freestyle Multi-Class Secondary	09:06 AM
37	Girls 12-14 200 Breaststroke Secondary	09:07 AM
38	Boys 12-14 200 Breaststroke Secondary	09:16 AM
39	Girls 15-16 200 Breaststroke Secondary	09:24 AM
40	Boys 15-16 200 Breaststroke Secondary	09:33 AM
41	Girls 17 & Over 200 Breaststroke Secondary	09:41 AM
42	Boys 17 & Over 200 Breaststroke Secondary	09:45 AM
43	Girls 12 Year Olds 50 Butterfly Secondary	09:50 AM
44	Boys 12 Year Olds 50 Butterfly Secondary	09:53 AM

45 Girls 13 Year Olds 50 Butterfly Secondary	09:55 AM
46 Boys 13 Year Olds 50 Butterfly Secondary	09:58 AM
47 Girls 14 Year Olds 50 Butterfly Secondary	10:01 AM
48 Boys 14 Year Olds 50 Butterfly Secondary	10:03 AM
49 Girls 15 Year Olds 50 Butterfly Secondary	10:08 AM
50 Boys 15 Year Olds 50 Butterfly Secondary	10:10 AM
51 Girls 16 Year Olds 50 Butterfly Secondary	10:14 AM
52 Boys 16 Year Olds 50 Butterfly Secondary	10:17 AM
53 Girls 17-19 50 Butterfly Secondary	10:20 AM
54 Boys 17-19 50 Butterfly Secondary	10:24 AM
55 Girls 12-19 50 Butterfly Multi-Class Secondary	10:29 AM
56 Boys 12-19 50 Butterfly Multi-Class Secondary	10:30 AM
57 Girls 12-14 200 Freestyle Secondary	10:32 AM
58 Boys 12-14 200 Freestyle Secondary	10:39 AM
59 Girls 15-16 200 Freestyle Secondary	10:46 AM
60 Boys 15-16 200 Freestyle Secondary	10:53 AM
61 Girls 17 & Over 200 Freestyle Secondary	11:01 AM
62 Boys 17 & Over 200 Freestyle Secondary	11:08 AM
63 Girls 12-14 100 Backstroke Secondary	11:15 AM
64 Boys 12-14 100 Backstroke Secondary	11:20 AM
65 Girls 15-16 100 Backstroke Secondary	11:24 AM
66 Boys 15-16 100 Backstroke Secondary	11:29 AM
67 Girls 17 & Over 100 Backstroke Secondary	11:34 AM
68 Boys 17 & Over 100 Backstroke Secondary	11:39 AM
69 Girls 11-19 100 Backstroke Multi-Class Secondary	11:44 AM
70 Boys 11-19 100 Backstroke Multi-Class Secondary	11:46 AM
71 Girls 12 Year Olds 50 Breaststroke Secondary	11:48 AM
72 Boys 12 Year Olds 50 Breaststroke Secondary	11:51 AM
73 Girls 13 Year Olds 50 Breaststroke Secondary	11:54 AM
74 Boys 13 Year Olds 50 Breaststroke Secondary	11:57 AM
75 Girls 14 Year Olds 50 Breaststroke Secondary	12:02 PM
76 Boys 14 Year Olds 50 Breaststroke Secondary	12:04 PM
77 Girls 15 Year Olds 50 Breaststroke Secondary	12:09 PM
78 Boys 15 Year Olds 50 Breaststroke Secondary	12:11 PM
79 Girls 16 Year Olds 50 Breaststroke Secondary	12:14 PM
80 Boys 16 Year Olds 50 Breaststroke Secondary	12:17 PM
81 Girls 17-19 50 Breaststroke Secondary	12:20 PM
82 Boys 17-19 50 Breaststroke Secondary	12:24 PM
83 Girls 12-19 50 Breaststroke Multi-Class Secondary	12:30 PM
84 Boys 12-19 50 Breaststroke Multi-Class Secondary	12:33 PM
85 Girls 12-14 200 Butterfly Secondary	12:34 PM
86 Boys 12-14 200 Butterfly Secondary	12:38 PM
87 Girls 15-16 200 Butterfly Secondary	12:46 PM
88 Boys 15-16 200 Butterfly Secondary	12:50 PM
89 Girls 17 & Over 200 Butterfly Secondary	12:57 PM
90 Boys 17 & Over 200 Butterfly Secondary	01:01 PM
91 Girls 12 Year Olds 100 Freestyle Secondary	01:05 PM
92 Boys 12 Year Olds 100 Freestyle Secondary	01:10 PM

93 Girls 13 Year Olds 100 Freestyle Secondary	01:14 PM
94 Boys 13 Year Olds 100 Freestyle Secondary	01:18 PM
95 Girls 14 Year Olds 100 Freestyle Secondary	01:25 PM
96 Boys 14 Year Olds 100 Freestyle Secondary	01:29 PM
97 Girls 15 Year Olds 100 Freestyle Secondary	01:33 PM
98 Boys 15 Year Olds 100 Freestyle Secondary	01:37 PM
99 Girls 16 Year Olds 100 Freestyle Secondary	01:41 PM
100 Boys 16 Year Olds 100 Freestyle Secondary	01:45 PM
101 Girls 17-19 100 Freestyle Secondary	01:52 PM
102 Boys 17-19 100 Freestyle Secondary	01:53 PM
103 Girls 12-19 100 Freestyle Multi-Class Secondary	01:59 PM
104 Boys 12-19 100 Freestyle Multi-Class Secondary	02:07 PM
105 Girls 12 Year Olds 50 Backstroke Secondary	02:09 PM
106 Boys 12 Year Olds 50 Backstroke Secondary	02:11 PM
107 Girls 13 Year Olds 50 Backstroke Secondary	02:15 PM
108 Boys 13 Year Olds 50 Backstroke Secondary	02:18 PM
109 Girls 14 Year Olds 50 Backstroke Secondary	02:21 PM
110 Boys 14 Year Olds 50 Backstroke Secondary	02:25 PM
111 Girls 15 Year Olds 50 Backstroke Secondary	02:28 PM
112 Boys 15 Year Olds 50 Backstroke Secondary	02:33 PM
113 Girls 16 Year Olds 50 Backstroke Secondary	02:36 PM
114 Boys 16 Year Olds 50 Backstroke Secondary	02:39 PM
115 Girls 17-19 50 Backstroke Secondary	02:42 PM
116 Boys 17-19 50 Backstroke Secondary	02:45 PM
117 Girls 12-19 50 Backstroke Multi-Class Secondary	02:50 PM
118 Boys 12-19 50 Backstroke Multi-Class Secondary	02:57 PM
119 Girls 12-14 100 Butterfly Secondary	03:00 PM
120 Boys 12-14 100 Butterfly Secondary	03:01 PM
121 Girls 15-16 100 Butterfly Secondary	03:06 PM
122 Boys 15-16 100 Butterfly Secondary	03:10 PM
123 Girls 17 & Over 100 Butterfly Secondary	03:14 PM
124 Boys 17 & Over 100 Butterfly Secondary	03:19 PM
125 Girls 12-14 200 Backstroke Secondary	03:23 PM
126 Boys 12-14 200 Backstroke Secondary	03:27 PM
127 Girls 15-16 200 Backstroke Secondary	03:29 PM
128 Boys 15-16 200 Backstroke Secondary	03:37 PM
129 Girls 17 & Over 200 Backstroke Secondary	03:45 PM
130 Boys 17 & Over 200 Backstroke Secondary	03:53 PM
131 Girls 12-14 100 Breaststroke Secondary	04:02 PM
132 Boys 12-14 100 Breaststroke Secondary	04:06 PM
133 Girls 15-16 100 Breaststroke Secondary	04:14 PM
134 Boys 15-16 100 Breaststroke Secondary	04:18 PM
135 Girls 17 & Over 100 Breaststroke Secondary	04:25 PM
136 Boys 17 & Over 100 Breaststroke Secondary	04:30 PM